

Pasture Dairying Effects on Milk Composition



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As you open a carton of milk to pour into your breakfast bowl or morning mug of coffee, do you ever wonder what the cows that make this stuff are eating? More and more farmers are keeping their stock indoors these days, but a series of studies by Dutch scientists reveals that grazing cows produce better-quality milk that may also be better for your health. Dr. Elgersma and her colleagues have studied compositional differences between harvested and grazed grass and the impact of pasture on quality of milk and milk products.

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